

Suffolk County Department of Health Services
Office of Minority Health

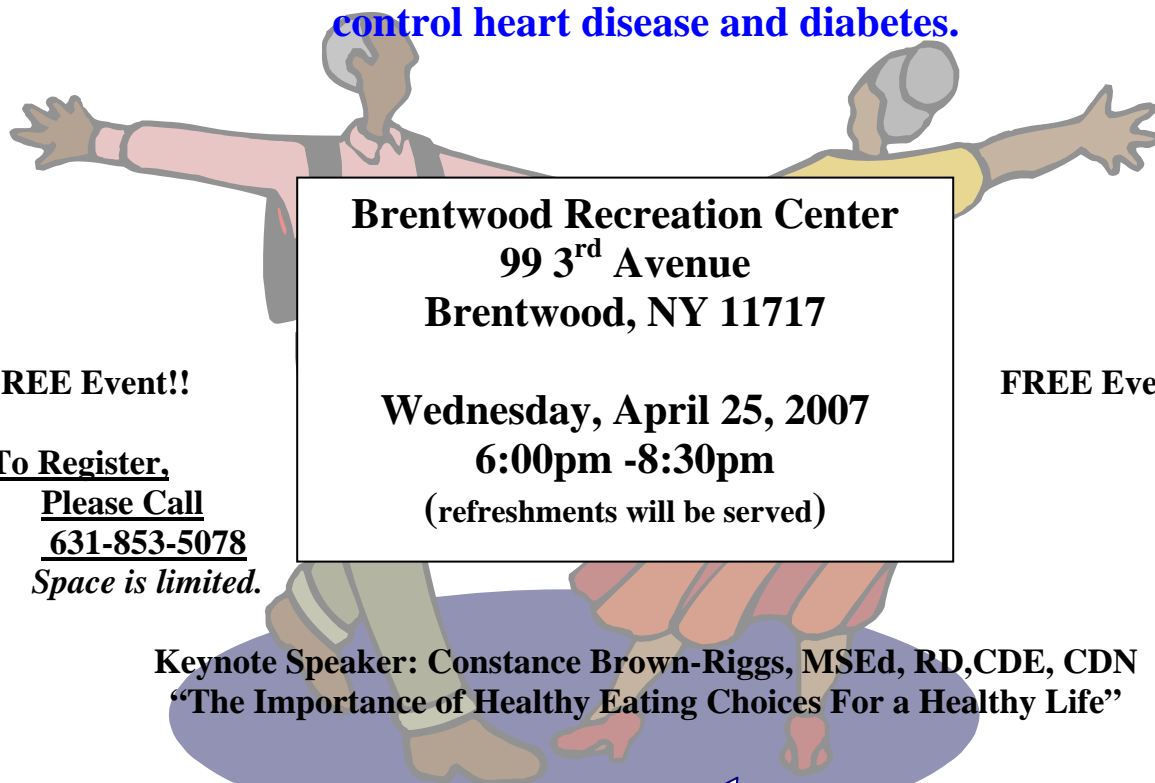
In collaboration with

American Heart Association, American Diabetes Association, Cornell Cooperative Extension, and the
Suffolk County Executive's African-American, Asian, and Hispanic Advisory Boards

Invites you to come dancing at

Dance for a Healthy Heart: Don't Skip a Beat

Learn fun activities to promote exercise and eat well in order to prevent and
control heart disease and diabetes.



Brentwood Recreation Center
99 3rd Avenue
Brentwood, NY 11717

Wednesday, April 25, 2007
6:00pm -8:30pm
(refreshments will be served)

FREE Event!!

FREE Event!!

To Register,
Please Call
631-853-5078
Space is limited.

Keynote Speaker: Constance Brown-Riggs, MEd, RD, CDE, CDN
“The Importance of Healthy Eating Choices For a Healthy Life”

- **Cultural DANCE Lessons in Salsa, Praise, Chinese**
- **Free Cultural COOKBOOKS**
- **Prizes**
- **Raffles**